

Elk Point REVIEW

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Tuesday, March 26, 2013

Vol. 33 No. 13 • \$1 (GST incl.)

Top four
Finish for Pee wee Avs

Page 5

Early deadline
Due to our Good Friday closure, deadline for advertising for the April 2 issue will be 4 p.m. Wednesday, March 27.



SEE INSIDE



Vicki Brooker photo

Alex Kurash Memorial winner

Dustyn Pankiw accepted the Alex Kurash Memorial trophy from Doug Bassett at last Tuesday evening's Elk Point Minor Hockey awards, after a judging process that considered all pee wee players' active promotion of the sport, positive attitude, striving for improvement of skills and coachability in choosing the winner.

Tradition revived at Minor Hockey windup

By VICKI BROOKER
Staff Writer

Elk Point Minor Hockey revived an old tradition at the 2013 windup and awards banquet last Tuesday, with the presentation of sportsmanship, most improved and most valuable player awards to deserving players from each of the five teams. The winners for each team were chosen by its coaches.

Sportsmanship winners were chosen on the basis of respect shown for the game, for the coaching staff and for fellow players, with the trophies going to Cash Capjack, Micro Novice, Vanden Moroziuk, Novice, Daniel Cardinal, Atom B, Hank Rogal, Atom A, and Hayden Ludlage, Pee wee.

The players whose skills improved the most during the season were also honored. These included Bo Fontaine, Micro Novice, Rylee Warawa, Novice, Matthew Quinney, Atom B, Connor Lychak, Atom A, and Darrian Rybchinsky, Pee wee.

The Most Valuable Players were described by MC Tim Poulin as those who made the most impact in every game and who exhibited good leadership skills. Micro Novice player

Connor Poiras, Novice Luke Poulin, Atom B Ronan Poulin, Atom A Colton VanMaarion and Pee wee Alex Hunter were named as the season's MVPs. Colton VanMaarion was also designated Goalie of the Year.

One very special award has been a feature of virtually every Elk Point Minor Hockey banquet since 1991. This award is presented in memory of pee wee coach Alex Kurash, and goes to a pee wee player that actively promotes the sport, has a positive attitude, continually strives to improve his or her skills, is a valuable team member with a desire to learn and who is coachable. This year's winner, Dustyn Pankiw, proudly accepted the trophy from Doug Bassett.

Each coach was invited forward to introduce their players as they came up to accept an Elk Point Avalanche t-shirt. Atom B coach Jay Duffee said that his team started the season "not looking to win every game" and progressed well. "We had fun this year," he concluded.

Robyn Moroziuk had a "very young team" of Novice players, who were "a wonderful group" to work with and ended up third in their league.

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Answers needed on healthcare staffing

Area residents urged to attend April 3 open house public meeting

By VICKI BROOKER
Staff Writer

The cancellation of last week's Lakeland Communities Health Advisory Council (LCHAC) meeting due to the major snowfall "Worked out to be a good thing" for Elk Point and district residents, says former LCHAC chair Diana Anderson. "That meeting was in St. Paul, and now it's been rescheduled, it will be in Elk Point."

That meeting will go from 5 to 7 p.m. on Wednesday, April 3, and will be followed by an open house public meeting at the Elk Point Seniors' Recreation Centre from 7 to 9 p.m., with members of the LCHAC and Alberta Health

Services representatives in attendance.

The open house will give residents of Elk Point and surrounding areas an opportunity to get answers to their questions about Elk Point Health Care Centre and its staffing issues, Anderson says.

"We have been in a situation where all the acute care beds have been shut down since Nov. 23 due to nursing shortages. The emergency department hours were cut back to 8 a.m. to 8 p.m. until the beginning of February, and it was closed entirely for several days at Christmas. There were no acute care beds open until Feb. 20 when two were opened, and since then, there are two

more. The concern is that St. Paul and Bonnyville cannot handle the overload that this created. There have been five to six-hour waits in their emergency departments."

After a local committee was formed following a teleconference meeting with AHS on Jan. 31, the Town of Elk Point and County of St. Paul councils agreed to contribute \$65,000 toward solving the situation in any way possible, including incentives to help with housing costs for incoming nurses, Anderson says.

"The only way we can see to get out of this situation is to hire contract nurses until the nurses on medical and maternity leaves come back. We told Alberta

Health we would pay their travel, their housing and their per diem, but (North Zone Senior Vice President) Shelley Pusch said 'no'. If they won't hire contract nurses at cost neutral, what are they doing? We can't get an answer."

Alberta Health has advertised positions for registered nurses, but "there are no FTE (full time equivalent) positions. Who will come if not for full time? We asked AHC to please look at staffing options" that would provide full time positions, but with no success, she added.

"We need to get answers. These are critical issues."

(Continued on Page 2)

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Myrna Fox honoured with John and Suanne Roueche Excellence Award

By VICKI BROOKER
Review Staff

"It's an honour I never expected in my lifetime," Elk Point resident and Portage College instructor Myrna Fox says of the John and Suanne Roueche Excellence Award she received March 10 in Dallas, Texas.

The award honors outstanding contributions to teaching, leadership and learning, and recipients come from "all over the world," Fox says. "I was the only one from Alberta, but there were four in Ontario. Most were from across the United States, and one was from Singapore."

The League for Innovation in the Community College (League), a consortium of over 750 commu-

nity colleges and universities worldwide, presented each recipient with a specially cast, pewter medallion.

In making the nomination to the League, Dr. Trent Keough, President and CEO of Portage College, said: "As Myrna approaches her 55th year working as a professional educator I am reminded of how important passion is to both individual and institutional success. I have never met a more caring or committed educator. Myrna's genuine sincerity and exemplary professionalism are greatly appreciated by her colleagues as well as her students."

Mardere Birkill, Vice President Academics said: "Myrna has an exceptional passion and relentless energy. It is a pleasure to work with someone of that caliber. Her dedication to each individual student's success has been key to the growth and recognition of the programs under her management."

Fatima Tarrabain, Dean of Education and Cultural Arts noted, "Myrna has strong qualities of warmth, ethical integrity, educational vision, and respect for diverse ways of learning. In addition to a Masters and PhD in Curriculum and Administration, her vast experience and her ability to really get to know her students help her to connect with them. Myrna is humble of her

own achievements but is always quick to recognize and respect the contributions that her colleagues make. Myrna has high expectations of herself, the faculty she supervises and her students. She persistently strives for excellence in the curriculum she delivers and supervises, and she continually demonstrates a willingness to adapt and change to meet students' needs. Myrna is involved in many organizations on the provincial and regional level and maintains currency in her subject matter. She is well known and respected in the educational community. Myrna is a valued coordinator, instructor and colleague at Portage College."

Patricia O'Connor, long-time faculty colleague, endorsed the recommendation immediately by saying "Myrna Fox is a perfect candidate for this award! She is a highly dedicated educator with a strong sense of professionalism. Myrna is a steadfast advocate for the betterment of children through the education of adults. Her ability, energy, and knowledge are a credit to Portage College and to the numerous educational committees she sits on. I have been fortunate to have had the opportunity to work with Myrna for the last 12 years and am a better instructor because of her guidance."

(Continued on Page 8)

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Healthcare staffing

(Continued from Front Page)

The town has taken the step of advertising for nurses, outlining the incentives offered, Anderson says, "but if the town's advertising is successful, they can't hire the nurses, Alberta Health has to, and with the paperwork, we're still looking at not having those nurses for a couple of months, which puts us at summer holidays. We're looking at a chronic shortage until fall. We're sitting at the end of March and nothing has been done."

Anderson says one real concern is that Elk Point's two physicians have not been able to admit patients, "and how long will they stay here under those circumstances?"

Another concern is the overload the situation has

placed on Bonnyville and St. Paul hospitals. "The oil patch is booming, and we need more staffing, not less," to cope with the influx of workers, she notes.

Anderson hopes representatives from the oil industry as well as residents from Elk Point and across the entire area the healthcare centre serves will attend the April 3 meeting.

"They better come to the meeting and ask the questions."

"As a committee, we tried to relive the issue, but now we have no choice. The people need to know what's going on. This is a chance to get something done, and we need to have that hall packed."

"The whole focus of this situation is looking after the health and welfare of our citizens."

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M.P. calls 2013 Budget 'good news'

By JANICE HUSER
Review Contributor

The Government of Canada announced the 2013 budget last week, and Westlock-St. Paul MP Brian Storseth says "there's a lot of good news stories in the budget."

One of the highlights that could impact the area is the Building Canada Plan, which will see \$53 billion in "predictable funding" being put toward public infrastructure over the next 10 years.

The budget calls for an increase of Gas Tax Fund payments, and along with the incremental GST Rebate, according to a press release from Storseth's office, the federal government will provide \$32.2 billion over 10 years, to help provide "stable and predictable funding to support community infrastructure projects."

Town of St. Paul Mayor Glenn Andersen is in support of the Gas Tax Fund, but says it's a program that works on a per capita basis.

"I believe it will help somewhat to have the eligible projects categories to include most municipal infrastructure including sport and recreation," says the mayor. But, he adds, the greatest increase will take place over 10 years from now, "and a lot can happen in that time."

The New Building Canada Fund will support municipalities to the tune of \$14 billion, which goes to support "major economic infrastructure," according to the press release.

"The Build Canada Fund is a good program and it is nice to see the term extended from a seven-year program to a ten-year program," says Andersen. "However, to access this program all three levels of government must allo-

cate one third of the cost of the chosen project."

Andersen says it is nice to see the federal-municipal partnership get stronger. The mayor says that after looking over the budget, he believes the federal government's focus is "on the economic times the country is in at the current time, and their target to balance the books in 2015-16."

Other highlights of the 2013 budget include more money being put toward research and development, along with investments into skills training and job training.

Storseth says the budget is also good for the agriculture industry. He says that through hosting round table discussions pre-budget in the Westlock-St. Paul riding, he heard that farmers were happy to see the Lifetime Capital Gains Exemption had been raised, and this year's budget pushes the exemption even further to \$800,000. That number will also be indexed to inflations.

"You can be sure that you'll be able to pass on the hard work of your family farm to the next generation," says Storseth.

The increase in the Lifetime Capital Gains Exemption is meant to encourage investment in small businesses, and makes the transfer of family businesses between generations easier, along with helping farmers "keep more of their hard earned money in their pockets," says the release.

According to a press release from the Grain Growers of Canada, the organization has decided to remain "neutral" on this year's budget. But the release does point to the increase in Lifetime Capital Gains Exemption as being positive.

Another highlight of this year's

budget is the decision to make baby clothes and sports equipment tariff-free. This means lower prices for consumers, says Storseth, adding, as of April 1 the price baby clothing and items such as ice skates and exercise equipment should be reduced.

"I think it'll be something that Canadians are certainly going to remember," says Storseth.

The MP is also very happy with investments into palliative and end-of-life care. Three million dollars is being directed to support training for frontline health care providers to improve end-of-life care, which shows the governments commitment to seniors, says Storseth.

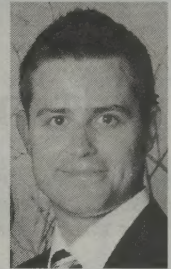
An enhanced burial program for vet-

erans will also come out of this year's budget. While Storseth says the program was good before, he's pleased to see the funding increase, which will double the benefits available through the program.

Storseth says there's also good news for the environment in the budget. The MP feels that the federal government is taking "very solid steps" toward real change with important environmental issues.

A press release from Storseth said, "The main priority areas presented in pre-budget consultations throughout the riding earlier this spring were: addressing the debt; healthcare, services and housing for seniors; and supporting our veterans."

Capsule Comments



by Your Natural Choice Apple Drugs pharmacist, Chris Letawsky

- The start of spring is a good time to check the expiration date on your EpiPen. The EpiPen is a specially designed injection device that can save the life of someone who has serious allergies. However, it may not work well if it's out of date. Check yours today.
- When you read that regular exercise is good for you, the exercise doesn't have to be jogging or walking. One of the best forms of exercise is swimming. The water keeps you buoyant so there is less stress on your joints because it's not a weight-bearing exercise. Aerobic swimming classes can help you lose weight and improve your mental health as well.
- We often hear about the dangers of drinking too many cola drinks. Besides a high sugar content, cola soft drinks also contain phosphoric acid which can reduce the absorption of calcium from the intestinal tract. This can lead to a lower bone density. If you are used to having a soft drink every day, try sparkling water.
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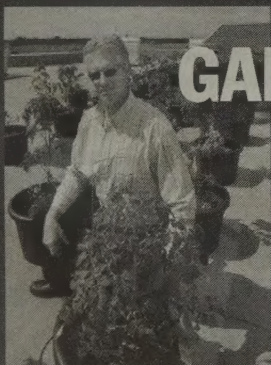
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EDITORIAL

All winners

Sixteen of Elk Point's minor hockey players took home the trophies from last week's windup banquet, but each and every one of those young people on Elk Point's five teams is a winner in their own right.

Every one of them found the courage to lace up their skates and go out on the ice, to learn new skills, to take a stand against the opposition and fight for the puck, to weave their way through an obstacle course of the other team's players and do their best for the team.

Every last one of them can be proud of the effort they put in, even if the cheers they heard from the crowds may have been their only reward.

Keep up the good work, kids!

Way Back When...

Gold medal, bull chutin', getting serious

HERE'S THE NEWS THAT MADE THE HEADLINES OF THE LAKELAND REVIEW AND ELK POINT REVIEW FOR THE WEEK OF MARCH 26 IN...

1988

Elk Point Skating Club's Katharina Ludlage won Pre-Novice gold and Tobey Conrad Preliminary Ladies bronze at provincial competition, as well as a thunderous ovation from the crowd at the 12th annual ice, carnival. Zone-winning Elk Point Windsor Midgets, coached by Troy Lorensen and Murray Scoggins, were off to provincial competition in Valleyview.

1993

Elk Point Minor Hockey Association founding president Ray Hellquist dropped the puck and Tyson Stafford took the face-off for the Elk Point Thunder as Elk Point hosted the Midget 'C' Provincials. Elk Point chamber of commerce members would soon be able to access a full schedule of government tenders through the INET computer linkup.

1998

An enthusiastic capacity crowd saw 29 top bullriders take on 37 rank bulls from two of northeast Alberta's top stock contractors at the Bull Chutin' Classic. Elk Point Chamber of Commerce finally had a full executive, with John Yettaw, originally elected vice president, moving up to take the president's chair, and Victor Stepa taking the vice presidency, Diane Balash remaining as treasurer and past president Vicki Brooker taking over as secretary from Kelly Hovdestad, who resigned due to work issues.

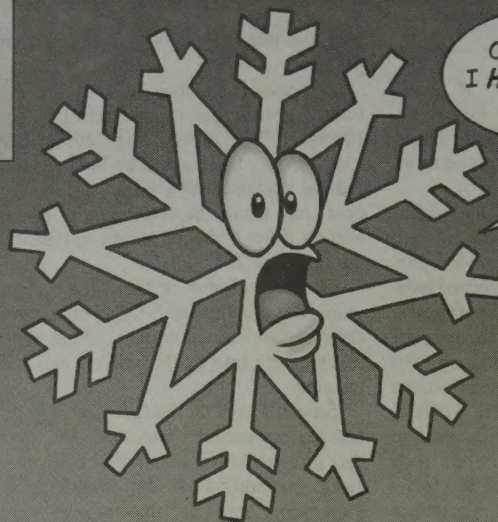
2003

"Grease" was the word at the Elk Point Skating Club's annual carnival, as skaters performed to the music of John Travolta and Olivia Newton John's classic portrayal of the 1950s. Health Region No. 7 CEO Bob Cable and board chair Bob Jackson put rumours of health centre closure to rest when they met with the Elk Point Interagency Health Committee.

2008

Elk Point Chamber of Commerce agreed that it was time to get serious about their train station project and fine-tuned an application for a grant that would fund half the project. Over 100 junior high students from across the St. Paul Regional School Division No. 1 took part in a communications showcase at F. G. Miller High School, presenting skits, monologues, poems, stories and more.

YOU KNOW THAT GUY WHO STAYS WAY TOO LONG AT THE PARTY AND CAN'T TAKE A HINT THAT IT'S TIME TO LEAVE?



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GUEST COLUMN

Bunny time!

This coming Sunday is March 31 and this year it is Easter Sunny. Most of us know what is important about Easter Sunday. We are remembering the resurrection of Jesus Christ and what that means to us. So why are we thinking of Easter bunnies as well as the eggs they bring?

How did an egg-delivering rabbit come to represent Easter, the resurrection day of the Savior?

Actually, the entire Easter holiday has its roots in pre-Christian tradition. Early Christians adapted the Jewish Passover and pagan celebrations to mark their highest holiday of faith, in which the Old Testament prophecies were fulfilled by the death and resurrection of the Lord, Jesus Christ. The ancient Anglo-Saxons worshipped Ostara, a goddess of fertility. During the spring moon, or vernal equinox, tribal members would offer seeds and colored eggs on a fertility altar to please and appease this goddess.

Christians transformed the word "Ostara" to "Easter" to mark the celebration of Jesus' resurrection in the springtime. This timing was both historical and logical, as the Last Supper of Christ was actually a celebration of the Passover Seder, which also occurs in the spring. Since early Roman times and before, people have regarded the egg as a symbol of new life. As a sign of Christian rebirth, the egg is ideal. What once appeared to be lifeless has sprung into new life. A bird hatching from an egg has been seen as a type of resurrection even as Christ stepped out of the sealed tomb of death. Incidentally, in Greece, Easter eggs are dyed red, to symbolize the shed blood of Christ. Elsewhere, eggs may be colored in rainbow hues for festive fun. In the United States and other countries, children participate in indoor or outdoor Easter egg hunts.

Rabbits are among the most prolific of all living

creatures. They exemplify fertility, as they may produce many offspring at one time. According to Anglo-Saxon mythology, Ostara (again, the fertility goddess) transformed a bird into a bunny, who laid colorful eggs for children. Thus began the tradition of a bunny giving children decorated eggs in the spring. In America, Pennsylvania Dutch settlers recounted stories to their children of the "Oschter Haws" (Easter Hare), who visited homes and left colored eggs for well-behaved children. Little boys would leave their caps, and little girls would leave their bonnets, as nests. In time, families began weaving and crafting baskets instead.

The Easter song that children may sing about the Easter Bunny is called: "Here Comes Peter Cottontail." The name "Peter Cottontail" comes from a series of books by Thornton W. Burgess (1874-1965). So whether your children are looking forward to receiving gifts from the Easter Bunny or you are celebrating the resurrection of Jesus Christ, may you all have a happy Easter.

*Here Comes Peter Cottontail
Hoppin' down the bunny trail,
Hippity hoppity,
Easter's on its way.
Bringin' ev'ry girl and boy
A basketful of Easter joy
Things to make your Easter
Bright and gay.
He's got jelly beans for Tommy
Colored eggs for sister Sue
There's an orchid for your mommy
And an Easter bonnet too. Oh!
Here comes Peter Cottontail
Hoppin' down the bunny trail
Hippity hoppity
Happy Easter Day.*

deanna
EASTHOPE
from the FCSS desk



The Elk Point Review publishes a variety of opinions as a contribution to debate on matters of public concern. Unsigned editorials express the view of this newspaper's editorial board which includes the Publisher and the Editor. Signed pieces express the view of the individual writer.

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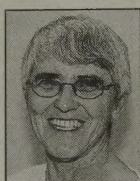
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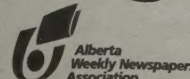
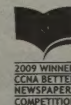
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Canada

Peewee Avs make Alberta's top four

MVP awards for 'Grinder', 'Dust Pan', 'the Dominator' and 'Warrior Warren' at Provincials

Not too many teams can say they finished in the top four teams in the province! And not too many teams can say they lost to the eventual gold medal and silver medal winners. The Peewee Avalanche can hold their heads up high next week after the spring break when they go back to school and walk the halls proud of the fact that even the host team, Redwater, didn't make it to the semi's and the Avalanche did. This was the first trip to a provincial final for any of these kids, but I'm betting it won't be there last!

It's not uncommon to start out a little nervous in the first game like the boys did on Friday, the game was tied two-all after two periods on two goals by Nicholas "Big Bird" Tucker, one of them assisted by Parker "the Michelin Man" Allen. The game could go either way at this point. But after the break the guys would really pour the coal to the fire, "Warrior Warren" Ference scoring right after in the first faceoff of the third period. Then Dustyn "Dust Pan" Pankiw scoring on a penalty shot putting icing on the cake, and then "Awesome Alex" Hunter putting the final nail into the Bentley team's coffin with one, the Avalanche winning 5 to 2.

Saturday morning the boys played the eventual gold medal winners, the strong tier one team from

Valleyview. This was like a drive-by shooting with a machine gun, they literally peppered the boys.



**doug
BASSETT**
Review Sports

But they were not the only ones to lose this way, every team except for one lost to them by double digits, Valleyview were that much stronger. Must be something in the water up there! "Warrior Warren" scoring the only Avalanche goal assisted by "Dust Pan"

After the game, there was absolutely no time to worry about spilled milk, the coaches had a job to do, time to regroup, put this one behind them, focus on the next one, because in a few hours when they played against Sundre, it was going to be a must-win. Win and you play Sunday in the semis, lose and you go home Saturday night. After being hammered, you might think that the boys would have trouble shaking it off, but not so, not these guys, they were up for the task. Saturday at 5 p.m., they pulled off a huge 4 to 1 win against Sundre, sending them to the semi on Sunday. Team captain "Awesome Alex" Hunter with a goal and an assist, "Warrior Warren" also with a goal and an assist, Hayden

"Hot Wheels" Ludlage and "Dust Pan" also scoring, Cyle "Grinder" Graus with a helper.

A lot of times the semi final game can be a better game than the final. The teams are giving it everything they have in the semi, by the final they are beat and the pressure is off, you already know you will be winning a medal either a gold one or silver.

Sunday morning at 9 a.m. in the semi final game against Provost, there's little doubt in anyone's mind that the first star of the game was going to be the Provost goalie. He stole the show and did win the MVP. Our boys put a lot of shots on net, especially in the second period, but he was big and when they did get a good shot on net he wasn't giving up any rebounds. Rugged winger Cyle "Grinder" Graus was the MVP in the semi final game for the Avalanche. Dustyn "Dust Pan" Pankiw, Darrian "the Dominator" Rybchinsky and "Warrior Warren" Ference the other winners of the Hockey Alberta MVP awards.

(Continued on Page 9)



Ready for action at the Peewee C Provincials, the Peewee Avalanche proudly shows off their Zone 2 banner.

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Progressive Conservative Constituency

ANNUAL GENERAL MEETING

Tuesday, April 9, 2013 7:30 p.m.

St. Paul Senior's Centre

4809 47 Street, St. Paul, AB

(South of RC Church)

Guest Speaker: Honourable Thomas Lukaszuk

MLA for Edmonton-Castle Downs

Deputy Premier &

Minister of Enterprise and Advanced Education



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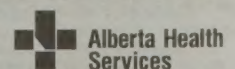
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Hockey windup

(Continued from Front Page)

The Micro Novice team ranged from "four year olds who started the season pushing chairs" to seven-year-olds, and progressed into a competitive group, with many of the players "maxing out on their three goals and assists in a lot of games," coach James Capjack said.

Dave Nazarchuk said this year's Atom A was "a very small team of 10 or 11 that played almost 40 games." The highlight of their year was winning the Marwayne tournament with an even shorter bench than usual, which Nazarchuk said, "Was our Stanley Cup."

All teams appreciated the winter-long efforts of arena caretaker and Zamboni operator Scott Dallaire, who in turn gave a huge vote of thanks to all the volunteers.

"The longer I stay in the arena, the more I sound like Doug Bassett," Dallaire quipped. "It's been an awesome year, I was decently busy, and a lot of people helped me out. The Atoms put the nets on for themselves, and to me it's a really big deal." Operating the arena "is a lot of work for a lot of people, and it's not easy, but they do it all for the love of the game. It's a huge thing to have people go out of their way for the benefit of others." In support of the arena, he put a pair of Oilers 'battle of Alberta' tickets up for silent auction, with proceeds to go toward Elk Point Minor Hockey.

Dallaire also thanked his girlfriend, Erin, "who never complains. She loves me and supports me. I don't want to take care of the arena for all of my life, but I do want to take care of Erin, if she'll let me." He then crossed the hall, dropped on one knee to propose, as a huge wave of applause erupted around them. What a finale!

*Congratulations
Elk Point Avalanche
on another tremendous season!
See you in the fall!*



Vicki Brooker photos

The coaches' choice

Chosen by their coaches for special recognition were sportsmanship winners Cash Capjack, Vanden Moroziuk, Daniel Cardinal, Hank Rogal and Hayden Ludlage, most improved players Bo Fontaine, Rylee Warawa, Matthew Quinney, Connor Lychak and Darrian Rybchinsky, and most valuable players Connor Poirtras, Luke Poulin, Ronan Poulin, Colton VanMaarion and Alex Hunter, who were joined by Alex Kurash Memorial winner Dustyn Pankiw.



Provincial Peewee C competitors

Elk Point Peewee Avalanche showed off their new shirts in one final photo before they headed for Redwater this weekend for the Peewee C Provincial Championship tournament.

*It's not whether
you win or lose,
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and having fun!*



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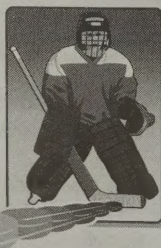
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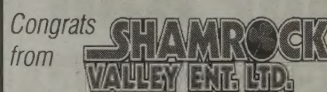
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See you next year!

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EPMH winds up another great season



Thanks, Elk Point!

Elk Point Minor Hockey players, from Micro Novice to PeeWee, and their coaches and managers thank Elk Point and district residents for all their support during the 2012-2013 season. Thanks for cheering us on!

Happy ending....

Scott Dallaire surprised his girlfriend, Erin, with his proposal at the hockey windup banquet.



THANK YOU

Elk Point PeeWee Avalanche would like to thank Andre's Trucking for his generous donation including two charter buses to our provincial playdown games and a much appreciated cash donation to assist with the expenses of going to provincials.

We would also like to thank the County of St. Paul and the Elk Point Dental Office for their generous cash donation for provincial expenses.

In addition we would like to thank the Town of Elk Point for providing town pins which is required for provincials.

We would also like to apologize to Knotty Boyz Embroidery and JPD Enterprises for missing them in our thank you from our tournament donations. Your generosity was much appreciated.

We would also like to give a big Thank You to Doug Bassett for running our numerous time clocks and for his continued support and encouragement.



What great hockey players our youth of today are.

**CONGRATULATIONS
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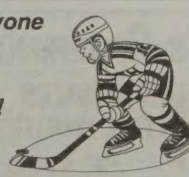


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Doug Bassett

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scenes for another Great Season.

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REVIEW**

Vicki & Mel - 5022-49 Ave.

Announcements

Excellence award for Myrna Fox

(Continued from Page 2)

Director of Community and Industry Training, Fox's immediate supervisor Stuart Leitch, said, "Just a short time ago we thought the programs were in jeopardy. Under Myrna's leadership, we went from low enrolments to the highest course registrations in College history. Myrna's leadership and passion for reaching students made this possible."

In accepting the award, Fox praised her current and past colleagues and said it was "well deserved recognition" for everyone she has worked with directly and indirectly.

"No one individual can ever accomplish any success individually, it takes the whole staff. They have worked diligently and cooperatively through the years and have an intense professional commitment that has contributed to the commendable direction that Portage is heading."

Fox started her teaching career in 1959, teaching in various schools in the County of St. Paul, in Fort Saskatchewan and later in the Bonnyville school division, where she was Bonnyville's principal, prior to moving to the post-secondary field. She has since taught at Lakeland College, Grand Prairie College and her current post, Portage College, where she is the Coordinator of Early Learning and Child Care and the Educational Assistant programs.

"It's such an exciting time in education. Technology has brought new and exciting changes," says Fox, who now does all her classes by teleconference. She recently returned from a vacation in Australia, where she was privileged to visit a number of schools and see their innovative practices. A highlight of the trip was a visit to the famed Australian School of the Airwaves, which started out on radio and now does all their classes by video conferencing. She was even able to talk to some of the students, and feels that this school is of vital importance in a country where population is widely scattered. "The school is a spin-off of the Flying Doctor program, and we were able to visit both headquarters in Alice Springs."

Fox attributes much of her professional success to her mother, the late Violet McFadyen, and says, "I have always been taught to strive for excellence. My mother was my true inspiration, my role model and mentor, and we worked hand in hand all my life. How much this award would have meant to her! Her encouragement and wisdom, along with that of my husband, has been very important to me."

THANK YOU

MOROZIUK, Marshall

We would like to thank our family, friends and community for all your help, support, flowers, food, cards and donations during our loss.

Special thank you to Grace Gardens for their help and guidance, Reverend Kelly Sibley, Allan Pankiw, the Honorary Pallbearers, Roland Poiras and Elk Point Allied Arts.

For those too numerous to mention, thank you for helping out when needed, all the little extras and words of kindness.

To those who were Marshall's friends, co-workers over the years and his coffee buddies, I am sure he will be missed.

Agnes; Robyn & Myrna; Shaun & Sheryl; Gladys & Jack; and Families.

"It is not the years we spend on earth, but the love we share while here."

THANK YOU

CAPJACK, Doris

The family of Doris Capjack would like to thank Father Bohdan Nahachewsky and Grace Gardens for the service and arrangements. A special thank you to the pallbearers, to Tommy, Landon and Adele for the eulogy and to the cantor.

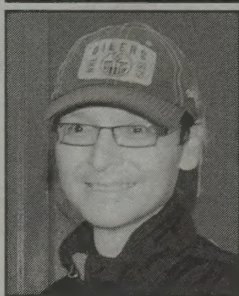
Thank you to the residents and staff of Heritage Lodge, to the homelcare workers, to the senior citizens club for the lunch.

Our deepest appreciation and thanks go out to all the family and friends who could attend, for all the calls, cards, flowers, charitable donations and condolences we received.

Bernice, Gladys, Michael and Families.

OBITUARY

QUINNEY, Ferlin



On March 17, 2013, Mr. Ferlin Quinney of Goodfish Lake passed away at the age of 33 years.

He is survived by his loving wife, Tannis; 5 children, Ryley, Raylene, Rhea, Taylor & Ferlin Jr.; parents, Erma Whitstone & Edwin Quinney; 2 brothers & 4 sisters, Logan Quinney, John Cardinal, Melina Chief, Yvette Quinney, Sabrina Wahsatnow & Priscilla Smith; numerous nieces & nephews. He was predeceased by his grandparents, J.B. Whitstone, Lena Harper, Baptiste & Elizabeth Quinney.

A Wake was held on Tuesday & Wednesday, March 19 & 20 at Frog Lake Career Centre, Frog Lake. A Funeral Service was held on Thursday, March 21 at 11:00 a.m. at Frog Lake Career Centre, Frog Lake. Reverend Robert Wright officiated, with interment in Our Lady of Good Counsel Roman Catholic Cemetery, Frog Lake. To send condolences online, please visit www.gracegardensfuneralchapel.com.

GRACE GARDENS FUNERAL CHAPEL, 5626-51 Street, St. Paul, AB, T0A 3A1, Ph. 780-645-2677.



OBITUARY

ORR, Shirley



On March 19, 2013, Mrs. Shirley Orr of Elk Point, formerly of Mansfield, Ontario, passed away at the age of 89 years.

She is survived by 3 sons & 1 daughter, Jim (Mildred) Orr of Elk Point, Robert (Ingrid) Orr of Mansfield, ON, Cindy (Marcel) Belanger of Two Hills & Ken (Debra) Orr of Elk Point; 9 grandchildren; 8 great-grandchildren; sister, Isabelle (Delmer) Leslie of Aliston, ON; numerous nieces & nephews. She was predeceased by her parents, James & Gertrude Hawkins; husband, Elden; son, Gerald; daughter, Nancy; 2 grandchildren, Clayton & Jeffery Orr.

A Memorial Service will be held on Tuesday, March 26 at 2:00 p.m. at Elk Point Community Church, Elk Point. Pastor Bill Kryzanowski will be officiating with interment in Mansfield, Ontario at a later date. If desired, donations may be made to a charity of one's choice c/o 5626 - 51 Street, St. Paul, AB T0A 3A1. To send condolences online, please visit www.gracegardensfuneralchapel.com.

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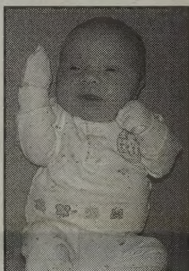
Best wishes for a blessed and happy Easter weekend

BIRTH

Birth Announcement

Emma-May Nelson is proud to announce the safe arrival of her sister

GRACIE ANNE NELSON



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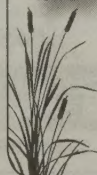
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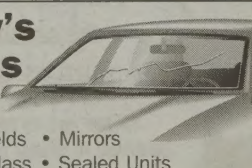
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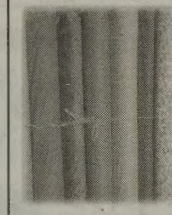
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Rural pharmacies oppose reduction in generic drug prices

By JANICE HUSER
Review Contributor

Pharmacists across Alberta are voicing concern over an announcement in the provincial budget for the government to reduce generic drug prices from 35 per cent to 18 per cent.

In a Budget 2013 press release from the Government of Alberta titled Building Alberta: Health a Priority in Budget 2013, the reduction of generic prices is

Provincials

((Continued from Page 5))

A big thank you going out to head coach Darcy Pankiw, assistants Rick Rybchinsky, Quintin Hunter and team manager Lori Poitras for donating your time to mentor this wonderful group of young fine men!!!

Down at the farm Goalie Colton "B Train" Van Maarion slammed the door and hid the key last Monday night in the last game of the year for the Atom A team who won 4 to zip over Pierceland. "Sam I Am" Henderson, Connor "Coast to Coast" Lychak, team captain Dylan "the Destroyer" Ference and Devon "Naz" Nazarchuk all scoring. Two helpers each for the "Destroyer" and "Naz". Evan "Not Even" Ockerman and "Lightning Liam" Ludlage also on the score sheet with assists. Great year guys, see you at the ball park.

Hey, there's hope spring is coming. I saw a crazy gopher running around on top of the snow on Sunday afternoon and you know what that means. Time to register for ball!!!!!! Ball registration was postponed last week due to the storm so we will be doing another one tomorrow night, Wednesday March 27 from 4 to 7 p.m. at the A. G. Ross Arena. The last call for ball!!!! No kidding, we need the numbers to register our teams with the league by the 10th of April so sign up tomorrow or at least give us a call. Dennell at 614-0789 or 724-3970 or call me. And if there's no answer, please leave a message.

And now for the K.A. Campbell quote of the week. "Challenges are what make life interesting; overcoming them is what makes life meaningful." Last week's answer to: "Every time you're not practicing, someone else is." - Boris Becker. Have a sports scoop? Please email them to sportshound007@hotmail.com

stated as a highlight that will benefit all Albertans because of the lower generic drug prices, but many in the industry disagree.

Nigel Lafrance is the owner at Elk Point Apple Drugs, and although he is not a pharmacist himself, he sees the impact that the changes will have.

"It's basically taking the majority of our revenue stream away from us," says Lafrance. He explains that in the last three years, the price of generic drugs has been reduced from 75 per cent of Brand Name Equivalent to the current rate of 35 per cent.

"Alberta pharmacies have supported past reductions, and were promised that the money saved would

be reinvested into community pharmacy. Only a very small portion of the savings was actually re-invested in community pharmacy," says Lafrance, in an email to the Journal. He further says the money that was reinvested came with increased administrative burdens that reduced the amount of time pharmacists spend with patients providing care.

Lafrance says the government "blindsided" industry stakeholders with the recent decision to reduce the price of generics to 18 per cent. The impact of the change will be felt by rural pharmacies more than pharmacies in urban settings.

((Continued on Page 11))

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130. Coming Events

ANTIQUITY SHOW - Western Canada's longest running collectors show - Antiques, collectibles, and pop culture. 38th Annual Wild Rose Antique Collectors Show & Sale. Sellers from across Canada. Special collectors displays. Antique evaluations by Canadian Antiques Roadshow appraiser Frank Hall - \$12 per item. Good Friday, Mar. 29, 9 - 5 p.m.; Sat., Mar. 30, 10 - 5 p.m. Edmonton Expo Centre, Edmonton. 7 8 0 - 4 3 7 - 9 7 2 2 ; www.wildrosesantiquecollectors.ca.

HELP SHOWCASE your community's vibrant culture during Alberta Culture Days. Funding is available. For more information, visit www.AlbertaCultureDays.ca. Deadline to apply is May 3, 2013.

200. Business/Invest. Oppor.

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410. Education/Training

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1500. Help Wanted — Alta.

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440. Music/Dance

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440. Music/Dance

1500. Help Wanted — Alta.

MEAT MANAGER, Jasper Super A. Jasper Super A is looking for an experienced Retail Meat Manager. As Meat Manager you will be responsible for all aspects of the managing the department, including cutting meat. You must have working knowledge of gross margins, expense controls and human resources management. The successful candidate must have Grade 12 (or equivalent) and be able to provide a "clear" security clearance. If you have the skills and abilities please forward your resume to our Head Office, The Grocery People Ltd. (TGP) in confidence to: Human Resources, The Grocery People Ltd., 14505 Yellowhead Trail, Edmonton, AB, T5L 3C4. Fax 780-447-5781. Email: humanresources@tgp.ca.

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1005. Help Wanted

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1500. Help Wanted — Alta.



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3010. Auctions

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COLLECTOR CAR Auction. 3rd Annual Edmonton Motor Show Classic Car Auction. April 19 - 21. Edmonton Expo Centre. Over 75,000 spectators. Consign today. 1-888-266-0528 ext. 102; EGAuctions.com.

FOOD EQUIPMENT Auction. Saturday, April 6, 10 a.m., Montgomery Auction Sales Centre, Blackfalds. Selling 5000 sq. ft. of restaurant, bakery & deli equipment; www.montgomeryauctions.com. 1-800-371-6963.

GUN & SPORTSMAN Auction. March 30, 10 a.m. Firearms, ammo, parts accessories, and more! Unreserved! No buyers fee! Wainwright, Alberta. Auction Details: 780-842-5666. www.scribnet.com.

JUICE JUNKIES, Rimbey, Alberta. Friday, April 5, 11 a.m. Selling commercial property & building, enclosed trailer, W/I freezer, refrigeration, ice & cream machines, juice & smoothie bar equipment, sinks, SS tables, tables & chairs, security equipment. See www.montgomeryauctions.com. 1-800-371-6963.

1005. Help Wanted

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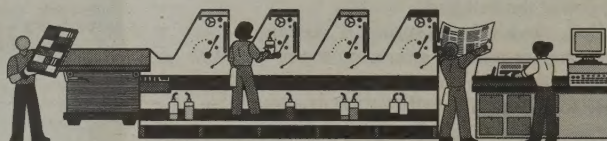
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4040. Livestock
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murphylivestock@hotmail.com
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1005. Help Wanted

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AS WELL AS TRACTOR DRIVERS FOR LAGOON PUMPS
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- Safety Oriented

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The County is also looking for Seasonal Employees commencing May 1 for the 2013 construction season for the following positions:

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- **GRADER OPERATORS**
- **BUGGY OPERATORS**
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Experience is an asset, however, we are willing to train.

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Leo deMoissac at 780-210-0759.

Interested applicants can forward resumes in confidence to:

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Attn: Leo or
email: ldemoissac@county.stpaul.ab.ca

We thank all interested applicants but only those chosen will be contacted for interviews.

4040. Livestock
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780-614-5959

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4310. Grain/Feed/Hay
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1005. Help Wanted

4310. Grain/Feed/Hay
HEATED CANOLA buying Green, Heated or Springthashed Canola. Buying: oats, barley, wheat & peas for feed. Buying damaged or offgrade grain. "On Farm Pickup" Westcan Feed & Grain. 1-877-250-5252.

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On farm pick-up.
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1005. Help Wanted

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In a health care facility in rural Alberta that is offering incentives to help you with housing costs for up to two (2) years? We are a family orientated community located in the heart of Lakeland country that is experiencing expansion in the heavy oil industry with many opportunities for growth and employment.
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7999. Too Late To Classify

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We thank all applicants, however, only those selected for interviews will be contacted.

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1005. Help Wanted

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9005. Personals
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7999. Too Late To Classify

ELK POINT MINI MARKET
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LAST FRIDAY OF THE MONTH
11:00 am to 2:00 pm
Exception:
Open Thurs., March 28 in lieu of Good Friday
To book tables call
Lavina at
780-741-2150

rebates and completely eliminates that portion of a pharmacy's revenue stream, he explains.

All these changes could result in reduced pharmacy hours, reduced staff, reduced pharmacy staff wages, and reduced pharmacy services. It may also lead to the elimination of free services like dead drug disposal, sharps disposal, deliveries, blister packing, phone consultations, consultation for over-the-counter medications, medication reviews for patients that don't qualify under government guidelines, and tax receipts, says Lafrance.

"There's a lot of things that (pharmacists) don't get paid for," he adds.

He further says that reducing the price of generics could push the generic manufacturers away from Alberta, and force pharmacists to fill prescriptions with brand name drugs that may not be covered by benefit plans, "Which means the patient will be the one that will need to pick up the cost."

Lafrance says that pharmacies are asking the government to "reinvest in pharmacy by adequately reimbursing pharmacists for clinical services." He adds that although reducing the price of generic drugs may look good on paper, it could one day mean rural Albertans have to travel to larger centers to get their prescriptions filled.

"When you factor in your time and your fuel, are you really paying less for your medication?" asks Lafrance.

The reduction in generic drug prices from 35 per cent to 18 per cent is set to take effect on May 1. Elk Point Apple Drugs is one of long list of Alberta pharmacies that has signed a letter to Minister of Health and Wellness Fred Horne, voicing concern for the change.

The letter, signed by Alan L. Hodgins, the CEO of Value Drug Mart Associates, states that "the cuts you have imposed are more than we can sustain, they will devastate our group of pharmacies and in the long run will not drive the savings that your government is looking for."

The Wildrose has also voiced concern for the changes announced in the budget.

"If a pharmacy cannot survive financially, there is a very real danger that rural Albertans will lose their pharmacy services if this government doesn't change course," says Lac La Biche-St. Paul-Two Hills MLA Shayne Saskiw, adding, "We need to figure out a way to keep rural pharmacies thriving in Alberta."

On March 21, a large group of pharmacists marched to the legislature building to protest the upcoming change.

Head. Heart. Hands. Health. Help Wanted.

Right now, 4-H needs volunteers to work with youth in your area. We also need you to encourage neighbours and co-workers to do the same. Join for the projects, for the competitions, for everything that helped you get where you are today.

4-H-Canada.ca/join_again



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Better the 2nd time around!

Pharmacies

(Continued from Page 9)

"Rural pharmacies simply do not have the population base to push through the large number of scripts that will be needed in order to remain viable," says Lafrance. He explains that because the government controls the amount pharmacies pay for drugs and can sell drugs at, and there's no markup allowed, pharmacies rely on income from the dispensing fee, which is also capped by the government.

The dispensing fee, is currently capped at \$10.22 for all bottom tier drugs, the majority of business at Apple Drugs, and has only seen an increase of \$0.51 in the last 22 years, says Lafrance.

Another revenue stream for pharmacies was the rebate they would negotiate with Generic Manufacturers, but with the reduction of the generic prices to 18 per cent, it reduces the

4-H Multi Club enjoys ski trip

By Wolke Cueva
Club Reporter

The Elk Point 4-H Multi Club joined our local 4-H region at Kinsoo Ridge, Cold Lake on Sunday, March 17 for a cool but fun filled day of skiing and snowboarding.

The bus picked up all the Multi Club members and their friends at 8:30 a.m. from the A. G. Ross Arena. We arrived at the hill and was ready to ski and snowboard by 10 a.m. With the temperature at around -17 C we were all wrapped up very well.

The day ended up being great with the sun coming out sporadically and no wind.

We arrived back at home at 6:30 p.m., exhausted.

Members and their friends and bus driver Dwayne Vogel on their arrival back in Elk Point.



THE TOWN OF ELK POINT Notices & Information



DEVELOPMENT APPLICATION

Permit #	Location	Civic	Developer	Development	Decision
13-05	Lot 4 Block 42	5004-59 Ave.	Star Brothers Property Inc.	8 Row House Complex	Mar. 11/13

Any person claiming to be affected by the decision made by the Development Officer may appeal by writing a NOTICE OF APPEAL to the Secretary of the Development Appeal Board, Box 448, Elk Point, Alberta within 14 days from the first publication of this notice giving reasons for the appeal. Such appeal shall be accompanied by a certified cheque or money order in the amount of one hundred fifty (\$150.00) dollars.

Dated this 20th day of March A.D., 2013

Myron J. Goyan, Development Officer

SPERD accepts framework

By Staff Writers

St. Paul Education Regional Division board has accepted the four-year framework agreement reached by the Alberta Teachers Association and the Government of Alberta, although the board admits it shares many concerns expressed by other boards in the province, according to a press release from SPERD.

"Several boards have expressed concerns over portions of the agreement," says the release, adding, "Our board shares many of those same concerns and our support of the agreement is not without some reservations."

But, the SPERD board believes there are always compromises, as in any agreement, and that "given the proper assurances" the agreement will help the

province "address a difficult financial situation."

The board has requested clarification on some areas of the agreement, along with requesting assurances that student learning will not be affected by the agreement.

"The board respects the tremendous work that teachers do and it is always difficult to be caught between the interests of dedicated, valued employees and protecting the best interests of students when limited resources dictate restraint," says the release.

SPERD is hopeful that with a little more work, the agreement will allow all parties to move forward to complete local bargaining, "and once again focus their united efforts on serving students in a collaborative manner."



ST. PAUL & DISTRICT CO-OP



Patronage Allocation for 2012 Fiscal Year

Food (St. Paul & Elk Point)	5.5%
Home & Agro Centre	5.5%
Convenience Store	5.5%
Liquor Store	5.5%
Gas Bar (8.0¢ / litre)	8.0%
Cardlock (St. Paul & Elk Point) (8.0¢ / litre)	8.0%
Bulk Petroleum (8.0¢ / litre)	8.0%
Oil & Grease	10.0%

The total allocation to Co-op members is **\$4,858,000.00**. Of this amount **\$2,852,000.00** will be paid back to members in cash. Equity cheques & statements will be available at the St. Paul & Elk Point Co-ops during the Member Equity Days Sale April 24, 25 & 26.

"Co-op - Moving Ahead by Giving Back"